

Cataract and Eye Consultants

# IOL POST-OPERATIVE INSTRUCTIONS

(Unless Otherwise Directed)

PATIENT NAME: \_\_\_\_\_

EYE: RIGHT / LEFT

- Avoid getting tap water in your eyes for 3 days.
- Do not wear eye make-up for 3 days.
- Avoid rubbing your eyes for at least 1 week
- Do not do any strenuous or vigorous activities for 1 week.
- No swimming for 2 weeks.
- Wear the clear shield at bedtime and for naps for 1 week.
- Wear sunglasses as needed for comfort.
- Use your EYE DROPS as instructed below. **SHAKE BOTTLE WELL.** Always allow 1 minute between this drop and any other eye drops you make take. A chart has been provided on the back of this page to help you keep track of your drops.

|               | <b>LESSDROPS or OMNI</b><br>(PURPLE or YELLOW CAP) |
|---------------|--|
| WEEK 1: _____ | <b>4</b> times per day - Shake Well                |
| WEEK 2: _____ | <b>3</b> times per day - Shake Well                |
| WEEK 3: _____ | <b>2</b> times per day - Shake Well                |
| WEEK 4: _____ | <b>1</b> times per day - Shake Well                |

Call CEC at **724-617-2020** or your eye doctor if you have any of the following symptoms: worsening pain/redness, discharge, decreased vision, new flashes/floaters.

Your **ONE-WEEK POST-OP VISIT** is scheduled with Dr. \_\_\_\_\_.

Day: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

