

Cataract and Eye Consultants

# IOL POST-OPERATIVE INSTRUCTIONS

(Unless Otherwise Directed)

PATIENT NAME: \_\_\_\_\_

EYE: RIGHT / LEFT

- Avoid getting water in your eyes for 3 days.
- Do not wear eye make-up for 3 days.
- Avoid rubbing your eyes.
- Do not do any strenuous or vigorous activities for 1 week.
- No swimming for 2 weeks.
- Wear the clear shield at bedtime and for naps for 1 week.
- Wear sunglasses as needed for comfort.
- Use your EYE DROPS as instructed below. **Shake the Prednisolone drop well.** Always allow 1 minute between eye drops. A chart has been provided on the back of this page to help you keep track of your drops.

	WEEKS 1 & 2: _____	WEEKS 3 & 4: _____
<b>OFLOXACIN (TAN CAP)</b>	<b>4</b> times per day	<b>STOP</b>
<b>PREDNISOLONE (PINK or WHITE CAP)</b> <b>*SHAKE WELL*</b>	<b>4</b> times per day SHAKE WELL	<b>2</b> times per day SHAKE WELL
<b>KETOROLAC (GRAY CAP)</b>	<b>2</b> times per day	<b>2</b> times per day

Call CEC at **724-617-2020** or your eye doctor if you have any of the following symptoms: worsening pain/redness, discharge, decreased vision, new flashes/floaters.

Your **ONE-WEEK POST-OP VISIT** is scheduled with DR. \_\_\_\_\_.

Day: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

